

### *3 Bean Chili*

You will need:

- 2 pounds ground beef or turkey, browned and drained
- 1 medium onion, diced
- 3 quarts water or beef stock
- 2 (28 ounce) cans diced tomatoes
- 1 (8 ounce) can tomato paste
- Salt and pepper, to taste

In a large stock pot, pour the soup mix as well as ground beef, onion, water, tomatoes, and tomato paste. Bring to a boil and reduce heat to low. Cover with a lid and simmer for 2 to 3 hours, stirring occasionally.

Add salt and pepper to taste.  
Serve with chopped onion, shredded cheese, corn chips, sour cream, avocado, or your favorite toppings.

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